



FIPL

Federazione Italiana PowerLifting - fondata nel 1983



affiliata



XXIX CAMPIONATO ITALIANO ASSOLUTO DI POWERLIFTING, SAN ZENONE AL LAMBRO (MI), 15-17.04.2011

CLASSIFICA MASHILE

Pos.	Cognome e Nome	Anno di Nascita	Squadra	Peso	Formula Wilks	Squat	Panca	Stacco	Totale	Punti Wilks	Punti
- 59 kg											
1	TARCHI DANIELE	1981	PCT	57,45	0,8881	170,0	120,0 ns	210,0 ns	500,0 ns	444,07	12
2	GIUMMARRA FRANCO	1950	FCM	56,60	0,9010	50,0	40,0	70,0	160,0	144,16	9
- 66 kg											
1	PISASALE SALVATORE	1980	TLM	65,80	0,7872	215,0 ns	165,0 ns	210,0 ns	590,0 ns	464,44	12
2	SIRTORI SIMONE	1981	FCM	65,70	0,7881	200,0	130,0	205,0	535,0	421,63	9
3	MAGI RICCARDO	1983	CMP	64,75	0,7978	180,0	122,5	197,5	500,0	398,90	8
4	SIGNANI NICOLA	1981	ACF	64,15	0,8040	165,0	140,0	190,0	495,0	398,00	7
5	MALEGORI ROBERTO	1990	FCM	65,90	0,7862	180,0 nj	105,0 nj	200,0 nj	485,0 nj	381,30	6
6	GIACCO FRANCESCO	1995	TLM	65,80	0,7872	165,0 nsj	105,0 nsj	185,0 nsj	455,0 nsj	358,17	5
—	CORRADINI LORENZO	1984	BPC	65,60	0,7891	180,0	—	—	— out	—	0
- 74 kg											
1	COSTANZI LANNO	1969	PCT	73,30	0,7242	235,0 n1	195,0 ns1	250,0 n1	680,0 ns1	492,45	12
2	CALANDRA ROBERTO	1981	BPC	73,55	0,7225	240,0	175,0	247,5	662,5	478,62	9
3	MORRESI CRISTIANO	1979	CMP	72,15	0,7326	237,5	150,0	245,0	632,5	463,36	8
4	CARNIEL SIMONE	1990	BPC	73,45	0,7231	225,0 nj	155,0	247,5 nj	627,5 nj	453,77	7
5	CATONI VALERIO	1985	RNP	72,55	0,7296	240,0 ns	152,5	232,5	625,0	456,03	6
6	PUDDU PIERANGELO	1977	STS	68,60	0,7612	190,0	160,0	252,5 ns	602,5	458,62	5
7	POMARICO DANIELE	1986	FCM	71,40	0,7383	210,0	165,0	215,0	590,0	435,59	4
8	SOFFRITTI SIMONE	1990	ACF	72,75	0,7282	200,0	157,5 nj	220,0	577,5	420,50	3
9	DEGIOVANNI NICCOLO'	1991	TLM	73,10	0,7256	190,0	157,5	195,0	542,5	393,63	2
10	CENACCHI LUCA	1966	JPP	70,75	0,7433	150,0	80,0	190,0	420,0	312,20	1
11	POLUZZI MAURIZIO	1992	JPP	72,25	0,7319	125,0	75,0	160,0	360,0	263,46	1
12	PITTA EMANUELE	1993	JPP	66,95	0,7761	132,5	65,0	150,0	347,5	269,69	1
—	PALMISANO FRANCISCO	1976	FCM	73,80	0,7207	210,0	—	220,0	— out	—	0
—	PALLERI GIORDANO	1991	PCT	77,05	0,6996	152,5	90,0	190,0	— out	—	0
- 83 kg											
1	SANASI SIMONE	1982	RNP	81,80	0,6734	270,0	170,0	280,0 ns	720,0 ns	484,84	12
2	CORSI LEONARDO	1982	PCT	79,80	0,6838	270,0 ns	182,5	252,5	705,0	482,07	9
3	VENUTO SALVATORE	1957	FCM	82,70	0,6689	255,0 n12	200,0 ns12	250,0 n12	705,0 n12	471,57	8
4	ROLLO RICCARDO	1986	BPC	82,95	0,6678	240,0	160,0	260,0	660,0	440,71	7
5	BOSCARINO DAMIANO	1981	GPM	82,45	0,6702	260,0	115,0	240,0	615,0	412,14	6
6	GANGAROSSA GABRIELE	1980	BPC	81,95	0,6726	240,0	130,0	230,0	600,0	403,59	5
7	MATARRESE ANTONIO	1988	PCT	78,30	0,6922	210,0 nj	140,0	230,0 nj	580,0 nj	401,47	4
8	FASANO MARIO	1985	FTP	82,95	0,6678	195,0	140,0	245,0	580,0	387,29	3
9	DEGIAMPIETRO MICHELE	1969	BPT	83,00	0,6675	220,0	145,0	210,0	575,0	383,81	2
10	CONTENTA ANTONIO	1989	RNP	82,40	0,6704	210,0	152,5 nj	200,0	562,5	377,10	1
11	RENCANATI MARCO	1982	RNP	81,30	0,6759	180,0	135,0	215,0	530,0	358,22	1
12	SALA LORENZO	1989	BPC	78,90	0,6888	170,0	135,0	185,0	490,0	337,51	1
13	DI ROCCO LUCIANO	1951	RNP	81,40	0,6754	100,0	150,0 n3	130,0	380,0	256,65	1
—	PISANO GIANLUCA	1985	BPC	82,65	0,6692	190,0	—	—	— out	—	0
- 93 kg											
1	SANGES GINO	1969	FCM	91,90	0,6318	290,0 ns1	210,0 ns1	300,0 ns1	800,0 ns1	505,44	12
2	SILVAS ALESSANDRO	1972	STS	89,40	0,6406	280,0	175,0	280,0	735,0	470,84	9
3	BETTATI ROBERTO	1964	BPC	91,10	0,6345	270,0	170,0	270,0	710,0	450,49	8
4	MELANI UMBERTO	1972	PCL	92,45	0,6300	270,0	170,0	260,0	700,0	440,96	7
5	FAVORITO ALESSANDRO	1965	PCT	88,00	0,6459	260,0	150,0	250,0	660,0	426,29	6
6	DI PILLA LUCATELLI DAMIANO	1985	SAP	88,00	0,6459	240,0	140,0	280,0	660,0	426,29	5
7	FULVI FABIANO	1969	JPP	92,15	0,6310	230,0	170,0	260,0	660,0	416,42	4
8	BIANCHI MARCO	1988	BPC	89,30	0,6410	245,0 nj	145,0 nj	265,0 nj	655,0 nj	419,85	3
9	ROSSI SANDRO	1952	SSL	90,00	0,6384	265,0 n2	125,0	260,0 n2	650,0 n2	414,96	2
10	NATALE GIANCARLO	1982	FCM	88,30	0,6447	220,0	160,0	250,0	630,0	406,16	1
11	MONDO ANDREA	1976	BPC	88,60	0,6436	237,5	142,5	245,0	625,0	402,25	1
12	VAI ALBERTO	1964	SAP	91,40	0,6335	200,0	105,0	222,5	527,5	334,17	1
13	PORTUGALLI CLAUDIO	1957	FCM	87,00	0,6499	180,0	130,0	210,0	520,0	337,94	1
14	TROTTA ROBERTO	1974	DSP	86,25	0,6530	140,0	110,0	180,0	430,0	280,79	1
15	GRZELCZAK PIOTR	1985	RNP	87,25	0,6489	135,0	95,0	170,0	400,0	259,56	1
—	BALMA STEFANO	1988	BPC	90,00	0,6384	235,0	—	230,0	— out	—	0
—	VIGNALE SIMONE	1990	PCP	86,90	0,6503	—	—	—	— out	—	0



FIPL

Federazione Italiana PowerLifting - fondata nel 1983



affiliata



XXIX CAMPIONATO ITALIANO ASSOLUTO DI POWERLIFTING, SAN ZENONE AL LAMBRO (MI), 15-17.04.2011

CLASSIFICA MASHILE

Pos.	Cognome e Nome	Anno di Nascita	Squadra	Peso	Formula Wilks	Squat	Panca	Stacco	Totale	Punti Wilks	Punti
- 105 kg											
1	CRISAFI SILVIO	1980	PCT	100,60	0,6071	320,0	280,0 ns	320,0 ns	920,0 ns	558,53	12
2	D'OIDIO CLAUDIO	1969	SSL	103,80	0,6000	345,0 ns1	240,0 n1	250,0	835,0 n1	501,00	9
3	FORONI ANTONIO	1974	TLM	102,35	0,6031	270,0	230,0	290,0	790,0	476,44	8
4	BOTTAZZI CARLO	1976	DSP	104,25	0,5991	260,0	200,0	265,0	725,0	434,34	7
5	VACCARO VALERIO	1977	SSL	97,50	0,6150	260,0	220,0	230,0	710,0	436,65	6

- 120 kg											
1	PELIZZA FRANCESCO	1986	BPC	118,10	0,5771	305,0 ns	215,0 ns	305,0 ns	825,0 ns	476,10	12
2	DI MARTINO MATTIA	1988	SSL	113,40	0,5833	270,0 nj	195,0 nj	280,0 nj	745,0 nj	434,55	9
3	BRIVIO LUIGI	1976	FCM	110,00	0,5885	260,0	190,0	250,0	700,0	411,95	8
4	ZANGARI GIUSEPPE	1982	DSP	105,60	0,5964	230,0	130,0	240,0	600,0	357,84	7
—	GISMONDI RENATO	1960	PCP	119,80	0,5751	260,0	—	—	—	ritiro	0

120+kg											
1	RANDAZZO CLAUDIO	1978	DSP	131,70	0,5643	285,0	220,0 ns	300,0	805,0	454,26	12
2	SGARAMELLA MASSIMO	1977	PCT	150,50	0,5530	285,0	205,0	275,0	765,0	423,04	9
3	MONTI MARCO	1979	BPC	122,20	0,5726	260,0	200,0	275,0	735,0	420,86	8

BEST LIFTER

Pos.	Atleta	Squadra	Peso Corporeo	Formula Wilks	Totale	Punti Wilks
1	CRISAFI SILVIO	POWER CLUB TERNI	100,60	0,6071	920,0	558,53
2	SANGES GINO	FORMA CLUB MONZA	91,90	0,6318	800,0	505,44
3	D'OIDIO CLAUDIO	S.S.LAZIO POWERLIFTING ROMA	103,80	0,6000	835,0	501,00

CLASSIFICA SQUADRE

Pos.	Squadra	Punti	Dettaglio Punti	Note
1	POWER CLUB - TERNI	60	[12+12+12+9+9+6]	
2	FORMA CLUB - MONZA	52	[12+9+9+8+8+6]	
3	BARBARIAN'S POWER CLUB - PARMA	51	[12+9+8+8+7+7]	
4	TOPLIFTERS - MILANO	27	[12+8+5+2]	
5	DARK SIDE OF THE POWER - CUNEO	27	[12+7+7+1]	
6	S.S.LAZIO POWERLIFTING - ROMA	26	[9+9+6+2]	
7	A.S.ROMA NATURAL POWERLIFTING - ROMA	22	[12+6+1+1+1+1]	
8	CLUB 300 MARCHE POWERLIFTING	16	[8+8]	
9	SEMIRAMIDE TEAM SARDEGNA	14	[9+5]	
10	A.S.D.COCOON - FERRARA	10	[7+3]	
11	POPEYE CLUB - LIVORNO	7	[7]	
12	JOY POWERLIFTING - PIETRASANTA	7	[4+1+1+1]	
13	GLASSPO - MILANO	6	[6]	
14	SELEZIONE ATLETICA PESANTE - ROMA	6	[5+1]	
15	FUNCTIONAL TRAINING PUGLIA	3	[3]	
16	BODY PLANET - TRENTO	2	[2]	
—	POWER CLUB 2008 - PONSACCO (PI)	—	—	

Abbreviazioni squadre:

ACF = A.S.D.COCOON - FERRARA
 BPC = BARBARIAN'S POWER CLUB - PARMA
 BPT = BODY PLANET - TRENTO
 CMP = CLUB 300 MARCHE POWERLIFTING
 DSP = DARK SIDE OF THE POWER - CUNEO
 FCM = FORMA CLUB - MONZA
 FTP = FUNCTIONAL TRAINING PUGLIA
 GPM = GLASSPO - MILANO
 JPP = JOY POWERLIFTING - PIETRASANTA

RNP = A.S.ROMA NATURAL POWERLIFTING - ROMA
 SAP = SELEZIONE ATLETICA PESANTE - ROMA
 SSL = S.S.LAZIO POWERLIFTING ROMA
 STS = SEMIRAMIDE POWERLIFTING TEAM SARDEGNA
 TLM = TOPLIFTERS - MILANO
 PCL = POPEYE CLUB - LIVORNO
 PCP = POWER CLUB 2008 - PONSACCO (PI)
 PCT = POWER CLUB - TERNI

Abbreviazioni record:

nsj = record nazionale subjunior
 nj = record nazionale junior
 ns = record nazionale senior

n1 = record nazionale master 1
 n2 = record nazionale master 2
 n3 = record nazionale master 3